

# Kata Seminar

World Kata Champion Clay Morton

**Sept. 30th – Oct. 2nd, 2011**

## Massdojo

502 Boston Turnpike  
Shrewsbury MA 01545



We are extremely honored to welcome WORLD CHAMPION Dr. Clay Morton to our dojo! He comes to teach you breathing, timing and training methods of world championship kata. Dr. Morton has been competing extensively nationally and internationally for over 20 years. In 2006, he placed first in the World Championships, with his biggest honor receiving a standing ovation after winning the gold at the SKIF in Tokyo, Japan. Dr. Morton has melded his karate experience with his chiropractic knowledge to specialize in body mechanics of proper motion to increase speed and power. Dr. Morton is also a contributor to American Samurai and the Shotokan Karate International Federation USA Newsletter and is on the WKF Athlete Commission. Please refer to his website for additional fascinating and inspiring facts and instructional videos at [www.drclaymorton.com](http://www.drclaymorton.com).

This seminar is for everyone!

	<b>Date</b>	<b>Time</b>	<b>Kata</b>	<b>Level</b>
<b>A</b>	Fri, Sept 30	6:00 - 7:00 PM	Unsu	Intermediate-Advanced
<b>B</b>		7:00 - 8:00 PM	Goju-shiho-dai	Intermediate-Advanced
<b>C</b>	Sat, Oct 1	9:30 - 10:30 AM	Kihon for kata	Beginner-Novice, ages 4-12
<b>D</b>		10:30 - 11:00 AM	Heian Yodan	Novice
<b>E</b>		11:15 - 11:45 AM	Heian Godan	Novice-Intermediate
<b>F</b>		12:45 - 1:30 PM	Basai Dai	Intermediate-Advanced
<b>G</b>		1:30 - 2:30 PM	Jion	Advanced
<b>H</b>	Sun, Oct 2	9:30 - 10:30 AM	Kihon for kata	Beginner-Novice, ages 4-12
<b>I</b>		10:30 - 11:15 AM	Enpi	Intermediate-Advanced
<b>J</b>		11:15 - 12:00 NOON	Kanku Dai	Advanced
<b>K</b>		12:15 - 1:15 PM	Gangaku	Advanced

**A, D, E, F, G, I, J, K:**

Sessions are limited to students who have a basic understanding of the specified kata; focus will be on the finer points of the kata.

**B:**

Open to any Intermediate-Advanced student or those who are competing at those levels in 2012 major events.

**C and H:**

Dedicated to Beginner-Novice students to help them improve their kata to a whole new level.

**Evan Hatton**

**USANKF National Kata Champion 2009**

Talent + Dedication + Training with Sensei Morton



## REGISTRATION FORM

### Clay Morton Kata Seminar

Sept. 30<sup>th</sup> – Oct. 2<sup>nd</sup>, 2011



### Massdojo

502 Boston Turnpike  
Shrewsbury MA 01545  
774.239.1346/www.massdojo.com

#### GENERAL INFORMATION

Parent's Names:	
Mailing Address:	
Home Phone:	Work Phone:
Cell Phone:	Email:
Emergency Contact (other than parent):	Phone:

Name	Age/Rank	Session(s)	Total Cost**
1)		A B C D E F G H I J K L	
2)		A B C D E F G H I J K L	
3)		A B C D E F G H I J K L	
4)		A B C D E F G H I J K L	
<b>Total Payment:</b>			

**Circle all sessions that apply for each participant.**

Please make checks payable to **Rossini Karate Aiki-Jitsu, LLC** attn. Eric Rossini, 74 Crosby Road, Grafton, MA 01519 by Sept. 15, 2011. If you have any questions, please contact Sensei Rossini at [massdojo@verizon.net](mailto:massdojo@verizon.net) or 774.239.1346.

#### Cost & Discounts:

**\*\*A & B. One Session: \$50; Two Sessions: \$75 C or H: \$30 D & E. One Session: \$30; Two sessions: \$45 F & G. One Session: \$35; Two Sessions: \$55 I, J, & K. One Session: \$35; Two Sessions: \$55**

**Any Three Sessions: \$75; Unlimited Sessions: \$95**

**Level/Rank: Beginner = White thru Yellow; Novice = Blue thru Purple; Intermediate = Brown; Advanced = Black**

#### WAIVER

I, the undersigned do hereby volunteer my application for the attendance and participation in the Rossini Karate & Aiki-Jitsu, LLC Kata Seminar at Boroughs Martial Arts & Fitness Center June 25 - 27, 2010 and do hereby assume full responsibility for all injuries, damages or losses that I or my child may sustain or incur, if any, while attending/participating. The undersigned agrees to defend, indemnify, and hold harmless Clay Morton, Rossini Karate & Aiki-Jitsu, LLC, its officers, managers, members, employees, agents and coaches/instructors and their successors and assigns from and against all legal liability, claims, suits, damages, losses, and expenses, including attorney fees, threatened or incurred, and arising from participation, or from any cause whatsoever. I fully realize that participation in the Kata Seminar can be dangerous and could result in serious injury or possibly death and freely assume that risk. In the event of an emergency, I give permission for Rossini Karate & Aiki-Jitsu, LLC to give myself or my child first aid and to arrange for transportation to a hospital and to receive emergency medical treatment. I will assume all costs for medical care and transportation. Please list below any current or previous accidents, illnesses, or physical limitations that could impact, stop, or prevent you or your child from participating in the Karate Seminar.

1. Allergies: \_\_\_\_\_
2. Medications: \_\_\_\_\_
3. Physical Limitations: \_\_\_\_\_

The above-named participant is physically able to participate in the Karate Seminar without limitations (except as described above). I release permission for use of my or my child's picture for promotional material including brochures, advertisements, or Massdojo.com or onestopfun.com websites. Names are not used in any promotional material.

Read and agreed to by: \_\_\_\_\_ (Parent/Guardian/Adult Participant) Date: \_\_\_\_\_