

Karate Seminar

USA National Team Coach Sensei Tommy Hood

January 30 - February 1, 2009

Boroughs Martial Arts & Fitness Center

57 East Main Street, Suite 100

Westborough, MA 01581



Advance your kumite skills during a weekend seminar with Sensei Tommy Hood. Sensei Hood will share his in-depth knowledge of kumite strategy, and provide ample opportunities for students to apply concepts and receive feedback. Sensei Hood, a 5th degree black belt, is the chief instructor at the Carolina Karate Club in Greenville, SC. As a member of the US National Karate team for 10 years, he has traveled around the world competing at the highest level. During his time on the US team, Mr. Hood was awarded USOC Athlete of the Year three times by the USOC (US Olympic Committee). Currently Tommy Hood is a coach for the USA National Karate Federation sanctioned by the USOC. Don't miss this opportunity to benefit from this dynamic teacher in your local area!

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Session	Date	Time	Level
A	Friday, Jan 30	5:30-8:00 PM	Green - Black Belt
B	Saturday, Jan 31	10:00 - 12:00 PM	All ranks
		1:00 - 3:00 PM	All ranks
C	Sunday, Feb 1	10:00 - 12:00 PM	All ranks
		1:00 - 3:00 PM	All ranks



REGISTRATION FORM

Tommy Hood Karate Seminar

January 30 - February 1, 2009



Boroughs Martial Arts & Fitness Center

57 East Main Street, Suite 100
Westborough, MA 01581
774.239.1346/www.massdojo.com

GENERAL INFORMATION

Parent's Names:	
Mailing Address:	
Home Phone:	Work Phone:
Cell Phone:	Email:
Emergency Contact (other than parent):	Phone:

Name	Age/Rank	Session(s)	Total Cost*
1)		A B C	
2)		A B C	
3)		A B C	
4)		A B C	FREE
Total Payment:			

Circle all sessions that apply for each participant. **Please make checks payable to Rossini Karate Aiki-Jitsu, LLC** and mail to Boroughs Martial Arts Center, 57 East Main Street, Suite 100, Westborough, MA 01581 by January 15, 2009. If you have any questions, please contact Sensei Rossini at eric.rossini@charter.net or at 774.239.1346.

Cost & Discounts:

** Pricing: One Day - \$50, Two Days - \$70, Three Days - \$85*

** Receive 20% off of the enrollment fee for the third family member, and the fourth family member is FREE!*

WAIVER

I, the undersigned do hereby volunteer my application for the attendance and participation in the Rossini Karate & Aiki-Jitsu, LLC Sparring Seminar at Boroughs Martial Arts & Fitness Center January 30 & 31, and February 1, 2009, and do hereby assume full responsibility for all injuries, damages or losses that I or my child may sustain or incur, if any, while attending/participating. The undersigned agrees to defend, indemnify, and hold harmless Rossini Karate & Aiki-Jitsu, LLC, and Tommy Hood, its officers, managers, members, employees, agents and coaches/instructors and their successors and assigns from and against all legal liability, claims, suits, damages, losses, and expenses, including attorney fees, threatened or incurred, and arising from participation, or from any cause whatsoever. I fully realize that participation in the Karate Seminar can be dangerous and could result in serious injury or possibly death and freely assume that risk. In the event of an emergency, I give permission for Rossini Karate & Aiki-Jitsu, LLC to give myself or my child first aid and to arrange for transportation to a hospital and to receive emergency medical treatment. I will assume all costs for medical care and transportation. Please list below any current or previous accidents, illnesses, or physical limitations that could impact, stop, or prevent you or your child from participating in the Karate Seminar.

1. Allergies: _____
2. Medications: _____
3. Physical Limitations: _____

The above-named participant is physically able to participate in the Karate Seminar without limitations (except as described above). I release permission for use of my or my child's picture for promotional material including brochures, advertisements, or Massdojo.com or onestopfun.com websites. Names are not used in any promotional material.

Read and agreed to by: _____ (Parent/Guardian/Adult Participant) Date: _____