

Massdojo

Spring Break Karate Training



Participants will get a full 4 hours of training daily and plenty of 1:1 attention from Sensei! In addition, students will receive detailed sparring analysis, learn ring strategy, practice their next kata, refine techniques, and practice speed, agility, and sparring drills for competition. This training camp is guaranteed to greatly improve the skills of our students!!!

Open to ages 6+ (adults welcome too)

When: April 18 & 19th

Daily Schedule:

Drop off at 9:00 AM

9:30 AM – 11:30 AM Training

11:30 – 1 PM Lunch break

1 – 3 PM Training

Pick up by 3:30

Cost: \$149

Reserve a spot by April 1st and get \$10 off

Spring Break Training Registration Form

Date: April 18 & 19th
Time: 9:00 AM – 3:30 PM
Location: Massdojo
502 Boston Turnpike
Shrewsbury, MA 01545

Name: _____, _____ Age: _____ Sex: Male Female
Last First

Name: _____, _____ Age: _____ Sex: Male Female
Last First

Address: _____ Contact number: _____

City: _____ State: _____ Zip: _____

Email: _____

Remit payment to: **Rossini Karate & Aiki-Jitsu, LLC**; 74 Crosby Road; Grafton, MA 01519
Questions: (774) 239 1346 / massdojo@verizon.net

Adult & Minor Amateur Athletic Waiver and Release of Liability:

I, the undersigned do hereby volunteer my application for the attendance and participation in the Rossini Karate & Aiki-Jitsu, LLC Spring Break Training at Massdojo from April 18 & 19, 2010 and do hereby assume full responsibility for all injuries, damages or losses that I or my child may sustain or incur, if any, while attending/participating. The undersigned agrees to defend, indemnify, and hold harmless Rossini Karate & Aiki-Jitsu, LLC, its officers, managers, members, employees, agents and coaches/instructors and their successors and assigns from and against all legal liability, claims, suits, damages, losses, and expenses, including attorney fees, threatened or incurred, and arising from participation, or from any cause whatsoever. I fully realize that participation in the Spring Break Training can be dangerous and could result in serious injury or possibly death and freely assume that risk. In the event of an emergency, I give permission for Rossini Karate & Aiki-Jitsu, LLC to give myself or my child first aid and to arrange for transportation to a hospital and to receive emergency medical treatment. I will assume all costs for medical care and transportation. Please list below any current or previous accidents, illnesses, or physical limitations that could impact, stop, or prevent you or your child from participating in the Spring Break Training.

1. Allergies: _____

2. Medications: _____

3. Physical Limitations: _____

The above-named participant is physically able to participate in the Spring Break Training without limitations (except as described above). I release permission for use of my or my child's picture for promotional material including brochures, advertisements, or Massdojo.com website. Names are not used in any promotional material.

Signature: _____ Date: _____

Parent/Guardian (if participant is under 18): _____