

# MASSDOJO

Tigers Ages 4-7

Dragons Ages 8-11

Warriors Ages 12+

## MONDAY

4:30-5:30pm Tigers and Dragons Beginner Class

5:30-6:30pm Kata Class (Green belt & up only)

6:30-8:00pm \*Kumite Class (all ages)

## TUESDAY

5:00-6:00pm Tigers and Dragons Beginners Class

6:00-7:00pm All ages Kata Class (blue belt & up)

7:00-8:00pm Kumite Class (all ages)

## WEDNESDAY

4:30-5:30pm Tigers and Dragons Beginner Class

5:30-6:30pm \*Advanced Kata Class (Brown/Black only)

6:30-8:00pm \*Kumite Class (all ages)

## THURSDAY

5-6pm Tigers

6-7pm Dragons

7-8 pm \*Ju-Jitsu (age 11+)

## FRIDAY

6-7pm All Ages and Levels

## SATURDAY

9:30-10:30am Tigers and Dragons Beginner Class

10:30-11:30am Kata Class (blue belt & up)

11:30-1:00pm \*Kumite Class (all ages)

\*Must have approval from Sensei Rossini to attend these classes



774-239-1346 or [massdojo@verizon.net](mailto:massdojo@verizon.net) for Tryout